



**CEN-CLEAR**  
**Menu Form - NT - 15**  
 Cycle Menu

CPI, Matternville,  
 Bigler, PO Campus,  
 Houtzdale, Coalport,  
 Clearfield Hyde, Grampian,  
 Dubois

**Month:** \*\* Aug. – Sept. 2026

**Calendar Dates:** 31 to 04

**Center**

|                                                                                                                                                                                                                              | <b>Monday<br/>31</b>                                              | <b>Tuesday<br/>01</b>                                         | <b>Wednesday<br/>02</b>                                        | <b>Thursday<br/>03</b>                                                   | <b>Friday<br/>04</b>                                                             |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------|---------------------------------------------------------------|----------------------------------------------------------------|--------------------------------------------------------------------------|----------------------------------------------------------------------------------|
| <b>Breakfast</b><br>Unflavored Milk (3/4 cup)<br>Fruit and/or vegetable<br>(1/2 cup)<br>Bread, cereal or bread alternate<br>(1/2 ounce) or (1/2 cup)                                                                         | Fat Free Milk<br>Cereal<br>Pears                                  | Fat Free Milk<br>Yogurt<br>Fruit Crunch<br>Granola<br>Peaches | Fat Free Milk<br>Cold Cereal<br>½ Apple                        | Fat Free Milk<br>WW French<br>Toast Sticks<br>Applesauce                 | Fat Free Milk<br>Cold Cereal<br>½ Orange                                         |
| <b>Lunch/Supper</b><br>Unflavored Milk (3/4 cup)<br>Meat and/or meat alternate<br>(1.5 oz.)<br>Bread and/or bread alternate<br>(1/2 ounce)<br>Fruit (1/4 cup)<br>Vegetable (1/4 cup)                                         | Fat Free Milk<br>Ravioli<br>Bread<br>Green Beans<br>Sliced Apples | Fat Free Milk<br>Hotdog<br>W Roll<br>Carrots<br>Applesauce    | Fat Free Milk<br>WG Fish Filet<br>Broccoli<br>Mandarin Oranges | Fat Free Milk<br>Sweet & Sour<br>Meatballs<br>Rice<br>Corn<br>Pineapples | Fat Free Milk<br>Ham & Cheese<br>Sandwich<br>Tostito Chips<br>Salsa<br>Fruit Mix |
| <b>Snack</b><br>Unflavored Milk (1/2 cup)<br>Fruit (1/2 cup)<br>Vegetable (1/2 cup)<br>Bread, cereal or bread alternate<br>(1/2 ounce) or (1/2 cup)<br>Meat and/or meat alternate<br>(.5 oz.)<br>(Any 2 of the 5 components) | Fat Free Milk<br>Cheez-its                                        | Fat Free Milk<br>Graham Cracker                               | Fat Free Milk<br>Cheese Goldfish<br>Cracker                    | Fat Free Milk<br>Strawberry Chex<br>snack mix                            | Fat Free Milk<br>Ritz Cracker<br>w/ PB                                           |

**Provider's Signature:** \_\_\_\_\_



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CPI, Matternville,  
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Dubois

Center

Month: September 2026

Calendar Dates: 07 to 11

|                                                                                                                                                                                                                              | Monday<br>07                                                                | Tuesday<br>08                                                        | Wednesday<br>09                                                                 | Thursday<br>10                                                        | Friday<br>11                                                                     |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------|----------------------------------------------------------------------|---------------------------------------------------------------------------------|-----------------------------------------------------------------------|----------------------------------------------------------------------------------|
| <b>Breakfast</b><br>Unflavored Milk (3/4 cup)<br>Fruit and/or vegetable<br>(1/2 cup)<br>Bread, cereal or bread alternate<br>(1/2 ounce) or (1/2 cup)                                                                         | <b>Labor Day</b><br>Fat Free Milk<br>Cold Cereal<br>Pears                   | Fat Free Milk<br>Oatmeal Bar<br>Applesauce                           | Fat Free Milk<br>Cold Cereal<br>½ Apple                                         | Fat Free Milk<br>Pancakes<br>Peaches                                  | Fat Free Milk<br>Cold Cereal<br>½ Banana                                         |
| <b>Lunch/Supper</b><br>Unflavored Milk (3/4 cup)<br>Meat and/or meat alternate<br>(1.5 oz.)<br>Bread and/or bread alternate<br>(1/2 ounce)<br>Fruit (1/4 cup)<br>Vegetable (1/4 cup)                                         | Fat Free Milk<br>WG Chicken<br>Tenderloins (3)<br>Broccoli<br>Sliced Apples | Fat Free Milk<br>Scrambled Eggs<br>W/Bread<br>Hashbrown<br>Pineapple | Fat Free Milk<br>Meatloaf<br>Scalloped<br>Potatoes<br>Bread<br>Mandarin Oranges | Fat Free Milk<br>Beef 'N Cheese<br>Wrap<br>French Fries<br>Applesauce | Fat Free Milk<br>WW Bologna &<br>Cheese<br>Sandwich<br>Baby Carrots<br>Fruit Mix |
| <b>Snack</b><br>Unflavored Milk (1/2 cup)<br>Fruit (1/2 cup)<br>Vegetable (1/2 cup)<br>Bread, cereal or bread alternate<br>(1/2 ounce) or (1/2 cup)<br>Meat and/or meat alternate<br>(.5 oz.)<br>(Any 2 of the 5 components) | Fat Free Milk<br>Pretzels                                                   | Fat Free Milk<br>Cheez-it Cracker                                    | Fat Free Milk<br>P.B. Ritz Crackers                                             | Fat Free Milk<br>Cheese Goldfish                                      | Fat Free Milk<br>Animal crackers                                                 |

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CPI, Matternville,  
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 Dubois

Center

**Month:** September 2026

**Calendar Dates:** 14 to 18

|                                                                                                                                                                                                                              | <b>Monday<br/>14</b>                                                      | <b>Tuesday<br/>15</b>                           | <b>Wednesday<br/>16</b>                                             | <b>Thursday<br/>17</b>                                                  | <b>Friday<br/>18</b>                                                                    |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------|-------------------------------------------------|---------------------------------------------------------------------|-------------------------------------------------------------------------|-----------------------------------------------------------------------------------------|
| <b>Breakfast</b><br>Unflavored Milk (3/4 cup)<br>Fruit and/or vegetable<br>(1/2 cup)<br>Bread, cereal or bread alternate<br>(1/2 ounce) or (1/2 cup)                                                                         | Fat Free Milk<br>Cold Cereal<br>Applesauce                                | Fat Free Milk<br>Waffle<br>Peaches              | Fat Free Milk<br>Cold Cereal<br>½ Orange                            | Fat Free Milk<br>Yogurt<br>Fruit Crunch<br>Granola<br>Pears             | Fat Free Milk<br>Cold Cereal<br>½ Apple                                                 |
| <b>Lunch/Supper</b><br>Unflavored Milk (3/4 cup)<br>Meat and/or meat alternate<br>(1.5 oz.)<br>Bread and/or bread alternate<br>(1/2 ounce)<br>Fruit (1/4 cup)<br>Vegetable (1/4 cup)                                         | Fat Free Milk<br>Salisbury Steak<br>Mashed Potatoes<br>Bread<br>Pineapple | Fat Free Milk<br>Mini Corndogs<br>Corn<br>Pears | Fat Free Milk<br>WG Cheese Pizza<br>Green Beans<br>Mandarin Oranges | Fat Free Milk<br>Mac 'n Cheese<br>Bread<br>Cooked Carrots<br>Applesauce | Fat Free Milk<br>WG PB & J<br>Sandwich<br>String Cheese<br>Cucumber Slices<br>Fruit Mix |
| <b>Snack</b><br>Unflavored Milk (1/2 cup)<br>Fruit (1/2 cup)<br>Vegetable (1/2 cup)<br>Bread, cereal or bread alternate<br>(1/2 ounce) or (1/2 cup)<br>Meat and/or meat alternate<br>(.5 oz.)<br>(Any 2 of the 5 components) | Fat Free Milk<br>Chex Mix                                                 | Fat Free Milk<br>Cinnamon Graham<br>Cracker     | Fat Free Milk<br>Baked Cheetos                                      | Fat Free Milk<br>Animal Cracker                                         | Fat Free Milk<br>Cheese Ritz<br>Cracker                                                 |

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CPI, Matternville,  
 Bigler, PO Campus,  
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 Clearfield Hyde, Grampian,  
 Dubois

Center

Month: September 2026

Calendar Dates: 21 to 25  
22

|                                                                                                                                                                                                                              | Monday<br>21                                                          | Tuesday<br>22                                                    | Wednesday<br>23                                                                    | Thursday<br>24                                                 | Friday<br>25                                                          |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------|------------------------------------------------------------------|------------------------------------------------------------------------------------|----------------------------------------------------------------|-----------------------------------------------------------------------|
| <b>Breakfast</b><br>Unflavored Milk (3/4 cup)<br>Fruit and/or vegetable<br>(1/2 cup)<br>Bread, cereal or bread alternate<br>(1/2 ounce) or (1/2 cup)                                                                         | Fat Free Milk<br>Cold Cereal<br>Pears                                 | Fat Free Milk<br>French Toast<br>Peaches                         | Fat Free Milk<br>Cold Cereal<br>½ Apple                                            | Fat Free Milk<br>Dutch Waffle<br>Pineapple                     | Fat Free Milk<br>Cold Cereal<br>½ Banana                              |
| <b>Lunch/Supper</b><br>Unflavored Milk (3/4 cup)<br>Meat and/or meat alternate<br>(1.5 oz.)<br>Bread and/or bread alternate<br>(1/2 ounce)<br>Fruit (1/4 cup)<br>Vegetable (1/4 cup)                                         | Fat Free Milk<br>Chicken 'N Gravy<br>Waffle<br>Broccoli<br>Pineapples | Fat Free Milk<br>Hamburger<br>W Roll<br>Baked Beans<br>Pineapple | Fat Free Milk<br>Beef 'N Cheese<br>Tostitos<br>W/Salsa<br>Corn<br>Mandarin Oranges | Fat Free Milk<br>Goulash<br>Bread<br>Green Beans<br>Applesauce | Fat Free Milk<br>Turkey & Cheese<br>Wrap<br>French Fries<br>Fruit Mix |
| <b>Snack</b><br>Unflavored Milk (1/2 cup)<br>Fruit (1/2 cup)<br>Vegetable (1/2 cup)<br>Bread, cereal or bread alternate<br>(1/2 ounce) or (1/2 cup)<br>Meat and/or meat alternate<br>(.5 oz.)<br>(Any 2 of the 5 components) | Fat Free Milk<br>Animal Crackers                                      | Fat Free Milk<br>Cinnamon Graham<br>Cracker                      | Fat Free Milk<br>Cheese Goldfish<br>Crackers                                       | Fat Free Milk<br>Strawberry Chex<br>Snack Mix                  | Fat Free Milk<br>Cheese Ritz<br>Crackers                              |

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CPI, Matternville,  
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 Dubois

Month Sept./ Oct 2026

Center

Calendar Dates: 28 to 02

|                                                                                                                                                                                                                              | Monday<br>28                                          | Tuesday<br>29                                                            | Wednesday<br>30                                                     | Thursday<br>01                                            | Friday<br>02                                                            |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------|--------------------------------------------------------------------------|---------------------------------------------------------------------|-----------------------------------------------------------|-------------------------------------------------------------------------|
| <b>Breakfast</b><br>Unflavored Milk (3/4 cup)<br>Fruit and/or vegetable<br>(1/2 cup)<br>Bread, cereal or bread alternate<br>(1/2 ounce) or (1/2 cup)                                                                         | Fat Free Milk<br>Cold Cereal<br>Peaches               | Fat Free Milk<br>Apple Frudel<br>Applesauce                              | Fat Free Milk<br>Cold Cereal<br>½ Orange                            | Fat Free Milk<br>Pancake<br>Peaches                       | Fat Free Milk<br>Cold Cereal<br>½ Apple                                 |
| <b>Lunch/Supper</b><br>Unflavored Milk (3/4 cup)<br>Meat and/or meat alternate<br>(1.5 oz.)<br>Bread and/or bread alternate<br>(1/2 ounce)<br>Fruit (1/4 cup)<br>Vegetable (1/4 cup)                                         | Fat Free Milk<br>Popcorn Chicken<br>Corn<br>Pineapple | Fat Free Milk<br>Sloppy Joe<br>W Roll<br>Broccoli<br>Mandarin<br>Oranges | Fat Free Milk<br>Grilled Cheese<br>Sandwich<br>Tomato Soup<br>Pears | Fat Free Milk<br>Cheese Pizza<br>Green Beans<br>Pineapple | Fat Free Milk<br>Ham & Cheese<br>Sandwich<br>Celery Sticks<br>Fruit Mix |
| <b>Snack</b><br>Unflavored Milk (1/2 cup)<br>Fruit (1/2 cup)<br>Vegetable (1/2 cup)<br>Bread, cereal or bread alternate<br>(1/2 ounce) or (1/2 cup)<br>Meat and/or meat alternate<br>(.5 oz.)<br>(Any 2 of the 5 components) | Fat Free Milk<br>Cheetos                              | Fat Free Milk<br>Cheez-it Crackers                                       | Fat Free Milk<br>Graham Crackers                                    | Fat Free Milk<br>Animal Crackers                          | Fat Free Milk<br>Pretzels                                               |

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 Dubois

Center

**Month:** October 2026

**Calendar Dates:** 05 to 09

|                                                                                                                                                                                                                              | <b>Monday<br/>05</b>                                              | <b>Tuesday<br/>06</b>                                       | <b>Wednesday<br/>07</b>                                             | <b>Thursday<br/>08</b>                                             | <b>Friday<br/>09</b>                                                                    |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------|-------------------------------------------------------------|---------------------------------------------------------------------|--------------------------------------------------------------------|-----------------------------------------------------------------------------------------|
| <b>Breakfast</b><br>Unflavored Milk (3/4 cup)<br>Fruit and/or vegetable<br>(1/2 cup)<br>Bread, cereal or bread alternate<br>(1/2 ounce) or (1/2 cup)                                                                         | Fat Free Milk<br>Yogurt<br>Fruit Crunch<br>Granola<br>Pears       | Fat Free Milk<br>½ Bagel<br>W/P.B. & Jelly<br>Applesauce    | Fat Free Milk<br>Cold Cereal<br>½ Apple                             | Fat Free Milk<br>Waffle<br>Peaches                                 | Fat Free Milk<br>Cold Cereal<br>Pears                                                   |
| <b>Lunch/Supper</b><br>Unflavored Milk (3/4 cup)<br>Meat and/or meat alternate<br>(1.5 oz.)<br>Bread and/or bread alternate<br>(1/2 ounce)<br>Fruit (1/4 cup)<br>Vegetable (1/4 cup)                                         | Fat Free Milk<br>Sweet 'N Sour<br>Meatballs<br>Rice<br>Pineapples | Fat Free Milk<br>Fish Filet<br>Green Beans<br>Sliced Apples | Fat Free Milk<br>Stuffed Shell<br>Bread<br>Corn<br>Mandarin Oranges | Fat Free Milk<br>Chicken Patty<br>W/Roll<br>Broccoli<br>Applesauce | Fat Free Milk<br>P.B. & Jelly<br>Sandwich<br>String Cheese<br>Baby Carrots<br>Fruit Mix |
| <b>Snack</b><br>Unflavored Milk (1/2 cup)<br>Fruit (1/2 cup)<br>Vegetable (1/2 cup)<br>Bread, cereal or bread alternate<br>(1/2 ounce) or (1/2 cup)<br>Meat and/or meat alternate<br>(.5 oz.)<br>(Any 2 of the 5 components) | Fat Free Milk<br>Cheez-its Crackers                               | Fat Free Milk<br>Graham Crackers                            | Fat Free Milk<br>Cheese Goldfish<br>Crackers                        | Fat Free Milk<br>Pretzels                                          | Fat Free Milk<br>P.B. Ritz<br>Crackers                                                  |

**Provider's Signature:** \_\_\_\_\_