

CEN-CLEAR
Menu Form - NT - 15



Center

Month: August 2026/Sept.

Calendar Dates: 31 to 4

Breakfast

Unflavored Milk (*3/4 cup*)
Fruit and/or vegetable
(*1/2 cup*)
Bread, cereal, or bread alternate
(*1/2 ounce*) or (*1/2 cup*)

31
Mini Chocolate
Chip
Fruit
Low Fat Milk

1
WG Pancake
Nuggets
Fruit
Low Fat Milk

2
Mini Cinnamon
Waffles
Fruit
Low Fat Milk

3
WG Cereal
Fruit
Low Fat Milk

4
Tony's WG
Breakfast
Sausage Pizza
Fruit
Low Fat Milk

Lunch/Supper

Unflavored Milk (*3/4 cup*)
Meat and/or meat alternate
(*1.5 oz.*)
Bread and/or bread alternate
(*1/2 ounce*)
Fruit (*1/4 cup*)
Vegetable (*1/4 cup*)

Popcorn Chicken
Buttered Noodles
Green Beans
Applesauce
Low Fat Milk

Walking Taco
Corn
Pineapple Tidbits
Low Fat Milk

Chicken & Broccoli
Alfredo w/ WG
Bread
Broccoli
Mandarin Oranges
Low Fat Milk

BBQ Rib on WG
Steak Roll
French Fries
Diced Pears
Low Fat Milk

WG Baked
Italian Dunkers
Green Beans
Mixed Fruit
Low Fat Milk

Snack

Unflavored Milk (*1/2 cup*)
Fruit (*1/2 cup*)
Vegetable (*1/2 cup*)
Bread, cereal or bread alternate
(*1/2 slice*) or (*1/3 cup*)
Meat and/or meat alternate
(*.5 oz.*)
(Any 2 of the 5 components)



Provider's Signature: _____