



**CenClear
Menu Form - NT - 15**



Month: APRIL 2026

Center

Calendar Dates: to

Breakfast

Unflavored Milk (3/4 cup)
Fruit, Vegetable, or 100% fruit, Juice, (1/2 cup)
Bread, cereal, or bread alternate (1/2 slice) or (1/2 cup)
 Additional Food (optional)

Lunch/Supper


Unflavored Milk (3/4 cup)
Meat and/or meat alternate (1.5 oz.)
Bread and/or bread alternate (1/2 slice) or (1/2 cup)
Fruit (1/4 cup)
Vegetable (1/4 cup)

Additional Food (optional)



Snack

Unflavored Milk (1/2 cup)
Fruit, vegetable or 100% fruit, juice (1/2 cup)
Bread, cereal, or bread alternate (1/2 slice) or (1/3 cup)
Meat and/or meat alternate (.5 oz.)
(Any 2 of the 4 components)

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Unflavored Milk Lactaid	2 Unflavored Milk Lactaid	3 Unflavored Milk Lactaid
		WG Bosco Sticks w/ Dipping Sauce Broccoli Diced Pears Unflavored Milk Lactaid		
				



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Breakfast

Unflavored Milk (*3/4 cup*)
Fruit, vegetable or 100% fruit
Juice, (*1/2 cup*)
Bread, cereal, or bread alternate
(*1/2 slice*) or (*1/3 cup*)
Additional Food (optional)

Lunch/Supper

Unflavored (*3/4 cup*)
Meat and/or meat alternate
(*1.5 oz.*)
Bread and/or bread alternate
(*1/2 slice*) or (*1/3 cup*)
Fruit (*1/4 cup*)

Vegetable (*1/4 cup*)

Additional Food (*optional*)

Snack

Unflavored Milk (*1/2 cup*)
Fruit, vegetable or 100% fruit,
juice (*1/2 cup*)
Bread, cereal, or bread alternate
(*1/2 slice*) or (*1/3 cup*)
Meat and/or meat alternate
(*.5 oz.*)
(Any 2 of the 4 components)

Monday	Tuesday	Wednesday	Thursday	Friday
6 Unflavored Milk Lactaid	7 Unflavored Milk Lactaid	8 Unflavored Milk Lactaid	9 Unflavored Milk Lactaid	10 Unflavored Milk Lactaid
	Chicken Quesadilla Mixed Veggies Apple Sauce Unflavored Milk Lactaid	WG Bosco Sticks w/ Dipping Sauce Carrots Banana Unflavored Milk Lactaid		



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Month: APRIL 2026

Calendar Dates: 13 to 17

Breakfast

Unflavored Milk (3/4 cup)
Fruit, vegetable, or 100% fruit
Juice, (1/2 cup)
Bread, cereal, or bread alternate
(1/2 slice) or (1/3 cup)
Additional Food (optional)

Lunch/Supper

Unflavored Milk (3/4 cup)
Meat and/or meat alternate
(1.5 oz.)
Bread and/or bread alternate
(1/2 slice) or (1/3 cup)
Fruit (1/4 cup)
Vegetable (1/4 cup)
Additional Food (optional)

Snack

Unflavored Milk (1/2 cup)
Fruit, vegetable or 100% fruit,
juice (1/2 cup)
Bread, cereal, or bread alternate
(1/2 slice) or (1/3 cup)
Meat and/or meat alternate
(.5 oz.)
(Any 2 of the 4 components)

Monday	Tuesday	Wednesday	Thursday	Friday
13 Unflavored Milk Lactaid	14 Unflavored Milk Lactaid	15 Unflavored Milk Lactaid	16 Unflavored Milk Lactaid	17 Unflavored Milk Lactaid
Popcorn Chicken WG Bread Mashed Potatoes Pineapple Tidbits Unflavored Milk Lactaid	Walking Taco w/ Beef, Cheese, Nacho Chips & WG Bread Baked Beans Diced Peaches Unflavored Milk Lactaid	Cheese Tortellini w/ Marinara Sauce WG Garlic Toast Broccoli Mixed Fruit Unflavored Milk		



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Month: APRIL 2026

Calendar Dates: to

Breakfast

Unflavored Milk (3/4 cup)
Fruit, vegetable, or 100% fruit
Juice, (1/2 cup)
Bread, cereal, or bread alternate
(1/2 slice) or (1/3 cup)
Additional Food (optional)

Lunch/Supper

Unflavored Milk (3/4 cup)
Meat and/or meat alternate
(1.5 oz.)
Bread and/or bread alternate
(1/2 slice) or (1/3 cup)
Fruit (1/4 cup)
Vegetable (1/4 cup)
Additional Food (optional)

Snack

Unflavored Milk (1/2 cup)
Fruit, vegetable or 100% fruit.
juice (1/2 cup)
Bread, cereal, or bread alternate
(1/2 slice) or (1/3 cup)
Meat and/or meat alternate
(.5 oz.)
(Any 2 of the 4 components)

Monday	Tuesday	Wednesday	Thursday	Friday
20 Unflavored Milk Lactaid	21 Unflavored Milk Lactaid	22 Unflavored Milk Lactaid	23 Unflavored Milk Lactaid	24 Unflavored Milk Lactaid
Chicken Nuggets WG Bread Corn Craisins Unflavored Milk Lactaid	Beef & Cheese Loaded Fries w/ WG Garlic Toast Mixed Veggies Diced Peaches Unflavored Milk Lactaid	Macaroni & Cheese w/ WG Garlic Toast Carrots Orange Unflavored Milk Lactaid		



**CenClear
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Center

Month: APRIL 2026

Calendar Dates: 27 to 30

Breakfast

Unflavored Milk (3/4 cup)
Fruit, vegetable, or 100% fruit
Juice, (1/2 cup)
Bread, cereal, or bread alternate
(1/2 slice) or (1/3 cup)
Additional Food (optional)

Lunch/Supper

Unflavored Milk (3/4 cup)
Meat and/or meat alternate
(1.5 oz.)
Bread and/or bread alternate
(1/2 slice) or (1/3 cup)
Fruit (1/4 cup)
Vegetable (1/4 cup)
Additional Food (optional)

Snack

Unflavored Milk (1/2 cup)
Fruit, vegetable or 100% fruit,
juice (1/2 cup)
Bread, cereal, or bread alternate
(1/2 slice) or (1/3 cup)
Meat and/or meat alternate
(.5 oz.)
(Any 2 of the 4 components)

Monday	Tuesday	Wednesday	Thursday	Friday
27 Unflavored Milk Lactaid	28 Unflavored Milk Lactaid	29 Unflavored Milk Lactaid	30 Unflavored Milk Lactaid	
BBQ Chicken Sandwich on WG Roll Baked Beans Diced Pears Unflavored Milk Lactaid	WG Soft Beef & Cheese Tacos Green Beans Apple Sauce Birthday Cake Unflavored Milk Lactaid	Chicken Meatballs & Penne Pasta w/ WG Bread Broccoli Diced Peaches Unflavored Milk Lactaid		
				