### Parent Meeting Minutes September 26, 2024 Bigler Board Room and Virtual

Meeting Start Time: 5:00PM Meeting End Time: 6:00PM Actual Meeting Start Time: 5:01PM Actual Meeting End Time: 6:05PM

# Sign-In

### **Community Meeting**

- 1. How are you feeling? (Emotion)
- 2. What is your goal for today? (Future)
- 3. Who will you ask for help? (Support)

### **Meeting Rules:**

- Respect others' opinions and suggestions.
- Listen with an open mind.
- Allow participants the opportunity to speak and finish their thoughts.
- Begin/end meetings on time.
- Be attentive at the meeting (limit cell phone use, avoid "side-bar conversations", stay focused).

**Welcome**-Preschool Directors (Amy Wible and Tiffany Ricotta)-Amy and Tiffany introduced themselves and discussed their role, experience, and years with CenClear.

**Training-** Good Sleep Habits (Adrienne Hess)-Tabytha provided information on safe sleep for infants, ideas to build a bedtime routine, hours of sleep a child from 0-12 years of age should get each night including naps, tips for establishing a bedtime routine, incorporating toothbrushing into bedtime routines.

## **Center Reports**

### **Committee Updates**

Health/Mental Health Advisory-Tabytha provided information on the committee and that the first meeting will be 10/15 at 11:00AM. Parents can attend in person at Bigler in Conference Room 4 or through Teams. Adrienne Hess will share information on Class Dojo as the date approaches.

Interview/Personnel-Tabytha discussed that parents can be part of the screening process for Head Start and Early Head Start employees. If parents are interested, they are to reach out to Tabytha.

PBIS Leadership Team-Amy provided information on Positive Behavior Interventions and Supports (PBIS), how it's used in classrooms, how it can be used at home, the PBIS backpack series will start coming out on Class Dojo, and shared the PBIS logo. Tabytha discussed the purpose of the Leadership team and that the next meeting is 10/7 at 3:00PM at Bigler in the Board Room or through Teams. Tabytha also discussed the PBIS Forum in Hershey and encouraged parents to comment on Class Dojo if they are interested in being considered to attend. We will we taking 5

parents to the conference. There have been over 15 individuals expressing interest so a number generator will be used to randomly pull individuals.

### **Old Business**

#### New Business

Coordinator introductions (Tabytha Carr and Sean Rockmore)-Sean introduced himself and his role.

Program Goals-Tabytha explained that a handout was shared on Class Dojo with our 5-year goals. Tabytha discussed that our goals are: Strengthen enrolled children's literacy skills; explore additional options for childcare in Clearfield County; Respond to community needs: pediatric dental care, child abuse, substance use disorder, McKinney-Vento enrollment & foster care; Increase access to transportation for enrolled families; strive to be recognized as a premiere employer of early childhood education.

Volunteering-Tabytha discussed non-federal match and that each time parents volunteer in the classroom, attend parent meetings, PBIS leadership, interviews, or are involved with Policy Council that a dollar amount is earned for each hour they volunteer. We must match 10% of our federal grants or could lose funding.

Policy Council-Tabytha discussed that we are seeking 1 individual from each Head Start class and Early Head Start caseload. It was discussed the role of Policy Council, how often meetings occur, what items are discussed, and how representatives are elected. Tabytha encouraged parents who were interested to reach out to their teacher, home visitor or her.

Enrollment-Tabytha and Amy informed parents that we are seeking children for Early Head Start and Head Start. We offer a parent incentive for all completed applications. There is no cap to the parent incentive. Amy discussed the Full Enrollment Initiative and said that we must meet 100% enrollment based on the number of slots we have. Tabytha explained that we provide services to about 1,000 children in Elk, Clearfield and Centre counties.

PBIS Updates (Sean)-Amy covered PBIS earlier in the meeting.

Early Head Start and Early Intervention Overview (Tiffany Ricotta)-this item will be added to the agenda for next month.

## Adjournment

Next meeting: 10/24/24 at 4:00PM