



CEN-CLEAR
Menu Form - NT - 15
 Cycle Menu

CPI, Matternville,
 Bigler, PO Campus,
 Houtzdale, Coalport,
 Clearfield Hyde, Grampian,
 Dubois

Center

Month: Dec. 2026

Calendar Dates: 14 to 18

	Monday 14	Tuesday 15	Wednesday 16	Thursday 17	Friday 18
Breakfast Unflavored Milk (<i>3/4 cup</i>) Fruit and/or vegetable (<i>1/2 cup</i>) Bread, cereal or bread alternate (<i>1/2 ounce</i>) or (<i>1/2 cup</i>)	Fat Free Milk Cherry Frudels Pears	Fat Free Milk Cold Cereal ½ Apple	Fat Free Milk Yogurt Fruit Crunch Granola Peaches	Fat Free Milk WG French Toast Sticks Applesauce	Fat Free Milk Cold Cereal ½ Orange
Lunch/Supper Unflavored Milk (<i>3/4 cup</i>) Meat and/or meat alternate (<i>1.5 oz.</i>) Bread and/or bread alternate (<i>1/2 ounce</i>) Fruit (<i>1/4 cup</i>) Vegetable (<i>1/4 cup</i>)	Fat Free Milk WG Chicken Tenderloins Green Beans Sliced Apples	Fat Free Milk Scrambled Eggs Hashbrown WG Bread Applesauce	Fat Free Milk Mini Corndogs Broccoli Mandarin Oranges	Fat Free Milk Sweet 'n Sour Meatballs Rice Corn Pineapples	Fat Free Milk Bologna and Cheese Sandwich Tostito Chips Salsa Fruit Mix
Snack Unflavored Milk (<i>1/2 cup</i>) Fruit (<i>1/2 cup</i>) Vegetable (<i>1/2 cup</i>) Bread, cereal or bread alternate (<i>1/2 ounce</i>) or (<i>1/2 cup</i>) Meat and/or meat alternate (<i>.5 oz.</i>) (Any 2 of the 5 components)					

Provider's Signature: _____



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Center

Month: Dec. 2026

Calendar Dates: 21 to 25

	Monday 21	Tuesday 22	Wednesday 23	Thursday 24	Friday 25
Breakfast Unflavored Milk (<i>3/4 cup</i>) Fruit and/or vegetable (<i>1/2 cup</i>) Bread, cereal or bread alternate (<i>1/2 ounce</i>) or (<i>1/2 cup</i>)	Fat Free Milk Cold Cereal Pears	Fat Free Milk Oatmeal Bar Applesauce	Fat Free Milk Cold Cereal ½ Apple	Fat Free Milk Pancakes Peaches	CHRISTMAS DAY Fat Free Milk Cold Cereal ½ Banana
Lunch/Supper Unflavored Milk (<i>3/4 cup</i>) Meat and/or meat alternate (<i>1.5 oz.</i>) Bread and/or bread alternate (<i>1/2 ounce</i>) Fruit (<i>1/4 cup</i>) Vegetable (<i>1/4 cup</i>)	Fat Free Milk Chicken Patty Round Roll Cooked Carrots Peaches	Fat Free Milk Beef 'N Cheese Wrap French Fries Pineapples	Fat Free Milk Meatloaf Scalloped Potatoes, Bread Mandarin Oranges	Fat Free Milk Grilled Chicken With Gravy Rice Corn Applesauce	Fat Free Milk WG P.B.& Jelly Sandwich String Cheese Cucumber Slices Fruit Mix
Snack Unflavored Milk (<i>1/2 cup</i>) Fruit (<i>1/2 cup</i>) Vegetable (<i>1/2 cup</i>) Bread, cereal or bread alternate (<i>1/2 ounce</i>) or (<i>1/2 cup</i>) Meat and/or meat alternate (<i>.5 oz.</i>) (Any 2 of the 5 components)					

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Month: Dec.—Jan. 2026 / 2027

Calendar Dates: 28 to 01

	Monday 28	Tuesday 29	Wednesday 30	Thursday 31	Friday 01
Breakfast Unflavored Milk (<i>3/4 cup</i>) Fruit and/or vegetable (<i>1/2 cup</i>) Bread, cereal or bread alternate (<i>1/2 ounce</i>) or (<i>1/2 cup</i>)	Fat Free Milk Cold Cereal Applesauce	Fat Free Milk Waffle Peaches	Fat Free Milk Cold Cereal ½ Orange	Fat Free Milk ½ Bagel with P.B. & Jelly Pears	Fat Free Milk Cold Cereal ½ Apple
Lunch/Supper Unflavored Milk (<i>3/4 cup</i>) Meat and/or meat alternate (<i>1.5 oz.</i>) Bread and/or bread alternate (<i>1/2 ounce</i>) Fruit (<i>1/4 cup</i>) Vegetable (<i>1/4 cup</i>)	Fat Free Milk Salisbury Steak Mashed Potatoes WG Bread Pineapples	Fat Free Milk Popcorn Chicken Corn Pears	Fat Free Milk Cheese Pizza Broccoli Mandarin Oranges	Fat Free Milk Ravioli WG Bread Green Beans Applesauce	Fat Free Milk Turkey & Cheese Wrap Baby Carrots Fruit Mix
Snack Unflavored Milk (<i>1/2 cup</i>) Fruit (<i>1/2 cup</i>) Vegetable (<i>1/2 cup</i>) Bread, cereal or bread alternate (<i>1/2 ounce</i>) or (<i>1/2 cup</i>) Meat and/or meat alternate (<i>.5 oz.</i>) (Any 2 of the 5 components)					

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Month Jan. 2027

Center

Calendar Dates: 04 to 08

Breakfast

Unflavored Milk (*3/4 cup*)

Fruit and/or vegetable
(*1/2 cup*)

Bread, cereal or bread alternate
(*1/2 ounce*) or (*1/2 cup*)

Monday 04	Tuesday 05	Wednesday 06	Thursday 07	Friday 08
Fat Free Milk Cold Cereal Pears	Fat Free Milk French Toast Applesauce	Fat Free Milk Cold Cereal ½ Apple	Fat Free Milk Cinnamon Frudel Pineapples	Fat Free Milk Cold Cereal ½ Banana
Fat Free Milk Chicken 'N Gravy Waffle Broccoli Pineapples	Fat Free Milk Hamburger Round Roll Baked Beans Peaches	Fat Free Milk Beef 'N Cheese Tostitos W/Salsa Corn Mandarin Oranges	Fat Free Milk Fish Nuggets Green Beans Applesauce	Fat Free Milk Ham & Cheese Sandwich Celery Sticks Fruit Mix
Snack Unflavored Milk (<i>1/2 cup</i>) Fruit (<i>1/2 cup</i>) Vegetable (<i>1/2 cup</i>) Bread, cereal or bread alternate (<i>1/2 ounce</i>) or (<i>1/2 cup</i>) Meat and/or meat alternate (<i>.5 oz.</i>) (Any 2 of the 5 components)				

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Month: Jan. 2027

Calendar Dates: 11 to 15

	Monday 11	Tuesday 12	Wednesday 13	Thursday 14	Friday 15
Breakfast Unflavored Milk (<i>3/4 cup</i>) Fruit and/or vegetable (<i>1/2 cup</i>) Bread, cereal or bread alternate (<i>1/2 ounce</i>) or (<i>1/2 cup</i>)	Fat Free Milk Cold Cereal Peaches	Fat Free Milk Dutch Waffle Applesauce	Fat Free Milk Cold Cereal ½ Orange	Fat Free Milk Pancakes Peaches	Fat Free Milk Cold Cereal ½ Apple
Lunch/Supper Unflavored Milk (<i>3/4 cup</i>) Meat and/or meat alternate (<i>1.5 oz.</i>) Bread and/or bread alternate (<i>1/2 ounce</i>) Fruit (<i>1/4 cup</i>) Vegetable (<i>1/4 cup</i>)	Fat Free Milk Chicken Nuggets Corn Pineapples	Fat Free Milk Sloppy Joe W/Roll Broccoli Mandarin Oranges	Fat Free Milk Grilled Cheese Sandwich Tomato Soup Pears	Fat Free Milk Cheese Pizza Green Beans Pineapples	Fat Free Milk Bologna & Cheese Sandwich Tostitos Chips Salsa Fruit Mix
Snack Unflavored Milk (<i>1/2 cup</i>) Fruit (<i>1/2 cup</i>) Vegetable (<i>1/2 cup</i>) Bread, cereal or bread alternate (<i>1/2 ounce</i>) or (<i>1/2 cup</i>) Meat and/or meat alternate (<i>.5 oz.</i>) (Any 2 of the 5 components)					

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