



**CEN-CLEAR**  
**Menu Form - NT - 15**  
 Cycle Menu

CPI, Matternville,  
 Bigler, PO Campus,  
 Houtzdale, Coalport,  
 Clearfield Hyde, Grampian,  
 Dubois

Center

Month: March 2026

Calendar Dates: 02 to 06

	<b>Monday 02</b>	<b>Tuesday 03</b>	<b>Wednesday 04</b>	<b>Thursday 05</b>	<b>Friday 06</b>
<b>Breakfast</b> Unflavored Milk (3/4 cup) Fruit and/or vegetable (1/2 cup) Bread, cereal or bread alternate (1/2 ounce) or (1/2 cup)	Fat Free Milk Cold Cereal Pears	Fat Free Milk WG Oatmeal Bar Applesauce	Fat Free Milk Cold Cereal ½ Orange	Fat Free Milk Waffle Peaches	Fat Free Milk Cold Cereal ½ Apple
<b>Lunch/Supper</b> Unflavored Milk (3/4 cup) Meat and/or meat alternate (1.5 oz.) Bread and/or bread alternate (1/2 ounce) Fruit (1/4 cup) Vegetable (1/4 cup)	Fat Free Milk Scrambled Eggs WW Bread Hashbrown Sliced Apples  	Fat Free Milk WG Chicken Tenderloins (3) Broccoli Pineapple	Fat Free Milk Walking Taco (WG Dorito, meat, lettuce & cheese) Green Beans Mandarin Oranges	Fat Free Milk Grilled Chicken Salad w/cheese WG Roll Applesauce	Fat Free Milk WW Ham & Cheese Sandwich Baby Carrots Fruit Mix
<b>Snack</b> Unflavored Milk (1/2 cup) Fruit (1/2 cup) Vegetable (1/2 cup) Bread, cereal or bread alternate (1/2 ounce) or (1/2 cup) Meat and/or meat alternate (.5 oz.) (Any 2 of the 5 components)	Fat Free Milk WG Animal Cracker	Fat Free Milk WG Cheese Goldfish Cracker	Fat Free Milk WG Pretzels	Fat Free Milk Ritz Cracker w/ PB	Juice WG Graham Cracker

Provider's Signature: \_\_\_\_\_



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Month: March 2026

Calendar Dates: 09 to 13

	<b>Monday 09</b>	<b>Tuesday 10</b>	<b>Wednesday 11</b>	<b>Thursday 12</b>	<b>Friday 13</b>
<b>Breakfast</b> Unflavored Milk ( <i>3/4 cup</i> ) Fruit and/or vegetable ( <i>1/2 cup</i> ) Bread, cereal or bread alternate ( <i>1/2 ounce</i> ) or ( <i>1/2 cup</i> )	Fat Free Milk Cold Cereal Applesauce	Fat Free Milk WW French Toast Peaches	Fat Free Milk Cold Cereal ½ Orange	Fat Free Milk Yogurt Fruit Crunch (WG Granola) Pears	Fat Free Milk Cold Cereal ½ Apple
<b>Lunch/Supper</b> Unflavored Milk ( <i>3/4 cup</i> ) Meat and/or meat alternate ( <i>1.5 oz.</i> ) Bread and/or bread alternate ( <i>1/2 ounce</i> ) Fruit ( <i>1/4 cup</i> ) Vegetable ( <i>1/4 cup</i> )	Fat Free Milk Meatloaf WW Bread Scalloped Potato Pineapple	Fat Free Milk Hot Dog W Roll Tater Tots Pears	Fat Free Milk WG Cheese Pizza Peas Mandarin Oranges	Fat Free Milk Mac & Cheese WW Bread Cooked Carrots Applesauce	Fat Free Milk WG PB & J Sandwich String Cheese Cucumbers Fruit Mix
<b>Snack</b> Unflavored Milk ( <i>1/2 cup</i> ) Fruit ( <i>1/2 cup</i> ) Vegetable ( <i>1/2 cup</i> ) Bread, cereal or bread alternate ( <i>1/2 ounce</i> ) or ( <i>1/2 cup</i> ) Meat and/or meat alternate ( <i>.5 oz.</i> ) (Any 2 of the 5 components)	Fat Free Milk Strawberry Chex Mix	Fat Free Milk WG Veggie Cracker	Fat Free Milk WG Cheez-its Cracker	Fat Free Milk WG Cinnamon Graham Cracker	Juice Ritz Cracker w/cheese

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Month: March 2026

Calendar Dates: 16 to 20

	<b>Monday 16</b>	<b>Tuesday 17</b>	<b>Wednesday 18</b>	<b>Thursday 19</b>	<b>Friday 20</b>
<b>Breakfast</b> Unflavored Milk (3/4 cup) Fruit and/or vegetable (1/2 cup) Bread, cereal or bread alternate (1/2 ounce) or (1/2 cup)	Fat Free Milk 1/2 WG Bagel with butter/jelly Pears	Fat Free Milk Cold Cereal Peaches	Fat Free Milk Cheese Egg Bite (2) 1/2 Apple	Fat Free Milk Cold Cereal Pineapple	Fat Free Milk Pancake 1/2 Banana
<b>Lunch/Supper</b> Unflavored Milk (3/4 cup) Meat and/or meat alternate (1.5 oz.) Bread and/or bread alternate (1/2 ounce) Fruit (1/4 cup) Vegetable (1/4 cup)	Fat Free Milk Hamburger W Roll Corn Sliced Apples	Fat Free Milk WG Grilled Cheese Sandwich Tomato Soup Pineapple	Fat Free Milk WG Beef & Cheese Nachos w/salsa Green Beans Mandarin Oranges	Fat Free Milk Goulash WW Bread Tossed Salad Applesauce	Fat Free Milk WW Turkey & Cheese Wrap French Fries Fruit Mix
<b>Snack</b> Unflavored Milk (1/2 cup) Fruit (1/2 cup) Vegetable (1/2 cup) Bread, cereal or bread alternate (1/2 ounce) or (1/2 cup) Meat and/or meat alternate (.5 oz.) (Any 2 of the 5 components)	Fat Free Milk WG Sun Chip	Fat Free Milk WG Cheese Goldfish Cracker	Fat Free Milk WG Pretzels	Fat Free Milk Ritz Cracker w/ PB	Juice WG Ranch Rice Crisp

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Month March 2026

Calendar Dates: 23 to 27

	<b>Monday 23</b>	<b>Tuesday 24</b>	<b>Wednesday 25</b>	<b>Thursday 26</b>	<b>Friday 27</b>
<b>Breakfast</b> Unflavored Milk ( <i>3/4 cup</i> ) Fruit and/or vegetable ( <i>1/2 cup</i> ) Bread, cereal or bread alternate ( <i>1/2 ounce</i> ) or ( <i>1/2 cup</i> )	Fat Free Milk Cold Cereal Peaches	Fat Free Milk WG Cherry Frudel Applesauce	Fat Free Milk Cold Cereal ½ Orange	Fat Free Milk WG Dutch Waffle Peaches	Fat Free Milk Cold Cereal ½ Apple
<b>Lunch/Supper</b> Unflavored Milk ( <i>3/4 cup</i> ) Meat and/or meat alternate ( <i>1.5 oz.</i> ) Bread and/or bread alternate ( <i>1/2 ounce</i> ) Fruit ( <i>1/4 cup</i> ) Vegetable ( <i>1/4 cup</i> )	Fat Free Milk Chicken & Gravy WG Biscuit Mashed Potato Pineapple	Fat Free Milk Sloppy Joe W Roll Broccoli Mandarin Oranges	Fat Free Milk WG Mini Corn Dog (5) Baked Beans Pears	Fat Free Milk WG Cheese Pizza Peas Pineapple	Fat Free Milk WW Ham & Cheese Sandwich Baby Carrots Fruit Mix
<b>Snack</b> Unflavored Milk ( <i>1/2 cup</i> ) Fruit ( <i>1/2 cup</i> ) Vegetable ( <i>1/2 cup</i> ) Bread, cereal or bread alternate ( <i>1/2 ounce</i> ) or ( <i>1/2 cup</i> ) Meat and/or meat alternate ( <i>.5 oz.</i> ) (Any 2 of the 5 components)	Fat Free Milk Strawberry Chex Mix	Fat Free Milk WG Cinnamon Graham Cracker	Fat Free Milk WG Baked Cheetos	Fat Free Milk WG Animal Cracker	Juice Ritz Cracker w/ cheese

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Month: March-April 2026

Calendar Dates: 30 to 03

	<b>Monday 30</b>	<b>Tuesday 31</b>	<b>Wednesday 01</b>	<b>Thursday 02</b>	<b>Friday 03</b>
<b>Breakfast</b> Unflavored Milk ( <i>3/4 cup</i> ) Fruit and/or vegetable ( <i>1/2 cup</i> ) Bread, cereal or bread alternate ( <i>1/2 ounce</i> ) or ( <i>1/2 cup</i> )	Fat Free Milk ½ WG Bagel with butter/jelly Pears	Fat Free Milk Cold Cereal Applesauce	Fat Free Milk WW French Toast ½ Apple	Fat Free Milk Cold Cereal Peaches	Fat Free Milk Yogurt Fruit Crunch (WG Granola) ½ Banana
<b>Lunch/Supper</b> Unflavored Milk ( <i>3/4 cup</i> ) Meat and/or meat alternate ( <i>1.5 oz.</i> ) Bread and/or bread alternate ( <i>1/2 ounce</i> ) Fruit ( <i>1/4 cup</i> ) Vegetable ( <i>1/4 cup</i> )	Fat Free Milk Stuffed Shells WG Roll Tossed Salad Sliced Apples	Fat Free Milk WG Fish Filet Corn Pineapple	Fat Free Milk Sweet & Sour Meatballs WW Bread Mashed Potato Mandarin Oranges	Fat Free Milk WG Chicken Patty W Roll Green Beans Applesauce	Fat Free Milk WG PB & J Sandwich String Cheese Cucumbers Fruit Mix
<b>Snack</b> Unflavored Milk ( <i>1/2 cup</i> ) Fruit ( <i>1/2 cup</i> ) Vegetable ( <i>1/2 cup</i> ) Bread, cereal or bread alternate ( <i>1/2 ounce</i> ) or ( <i>1/2 cup</i> ) Meat and/or meat alternate ( <i>.5 oz.</i> ) (Any 2 of the 5 components)	Fat Free Milk WG Apple Cinnamon Rice Crisp	Fat Free Milk WG Graham Cracker	Fat Free Milk WG Cheese Goldfish Cracker	Fat Free Milk Ritz Cracker w/ PB	Juice WG Veggie Cracker

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