



CEN-CLEAR
Menu Form - NT - 15
Cycle Menu

CPI, Matternville,
Bigler, PO Campus,
Houtzdale, Coalport,
Clearfield Hyde, Grampian,
Dubois

Center

Month: Nov. 2026

Calendar Dates: 09 to 13

	Monday 09	Tuesday 10	Wednesday 11	Thursday 12	Friday 13
Breakfast Unflavored Milk (<i>3/4 cup</i>) Fruit and/or vegetable (<i>1/2 cup</i>) Bread, cereal or bread alternate (<i>1/2 ounce</i>) or (<i>1/2 cup</i>)	Fat Free Milk Cereal Pears	Fat Free Milk Yogurt Fruit Crunch Granola Peaches	Fat Free Milk Cold Cereal ½ Apple	Fat Free Milk WG French Toast Sticks Applesauce	Fat Free Milk Cold Cereal ½ Orange
Lunch/Supper Unflavored Milk (<i>3/4 cup</i>) Meat and/or meat alternate (<i>1.5 oz.</i>) Bread and/or bread alternate (<i>1/2 ounce</i>) Fruit (<i>1/4 cup</i>) Vegetable (<i>1/4 cup</i>)	Fat Free Milk Ravioli's, Bread Green Beans Sliced Apples	Fat Free Milk Mini Corndogs Cooked Carrots Applesauce	Fat Free Milk WG Fish Filet Broccoli Mandarin Oranges	Fat Free Milk Sweet 'n Sour Meatballs Rice Corn Pineapples	Fat Free Milk Ham & Cheese Sandwich Tostito Chips Salsa Fruit Mix
Snack Unflavored Milk (<i>1/2 cup</i>) Fruit (<i>1/2 cup</i>) Vegetable (<i>1/2 cup</i>) Bread, cereal or bread alternate (<i>1/2 ounce</i>) or (<i>1/2 cup</i>) Meat and/or meat alternate (<i>.5 oz.</i>) (Any 2 of the 5 components)					

Provider's Signature: _____



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Center

Month: Nov. 2026

Calendar Dates: 16 to 20

	Monday 16	Tuesday 17	Wednesday 18	Thursday 19	Friday 20
Breakfast Unflavored Milk (<i>3/4 cup</i>) Fruit and/or vegetable (<i>1/2 cup</i>) Bread, cereal or bread alternate (<i>1/2 ounce</i>) or (<i>1/2 cup</i>)	Fat Free Milk Cherry Frudel Pears	Fat Free Milk Oatmeal Bar Applesauce	Fat Free Milk Cold Cereal ½ Apple	Fat Free Milk Pancakes Peaches	Fat Free Milk Cold Cereal ½ Banana
Lunch/Supper Unflavored Milk (<i>3/4 cup</i>) Meat and/or meat alternate (<i>1.5 oz.</i>) Bread and/or bread alternate (<i>1/2 ounce</i>) Fruit (<i>1/4 cup</i>) Vegetable (<i>1/4 cup</i>)	Fat Free Milk WG Chicken Tenderloins (3) Broccoli Sliced Apples	Fat Free Milk Scrambles Eggs WG Bread Hashbrown Pineapples	Fat Free Milk Meatloaf Scalloped Potatoes, Bread Mandarin Oranges	Fat Free Milk Beef 'N Cheese Wrap French Fries Applesauce	Fat Free Milk Bologna & Cheese Sandwich Celery sticks Fruit Mix
Snack Unflavored Milk (<i>1/2 cup</i>) Fruit (<i>1/2 cup</i>) Vegetable (<i>1/2 cup</i>) Bread, cereal or bread alternate (<i>1/2 ounce</i>) or (<i>1/2 cup</i>) Meat and/or meat alternate (<i>.5 oz.</i>) (Any 2 of the 5 components)					

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Center

Month: Nov. 2026

Calendar Dates: 23 to 27

	Monday 23	Tuesday 24	Wednesday 25	Thursday 26	Friday 27
Breakfast Unflavored Milk (<i>3/4 cup</i>) Fruit and/or vegetable (<i>1/2 cup</i>) Bread, cereal or bread alternate (<i>1/2 ounce</i>) or (<i>1/2 cup</i>)	Fat Free Milk Cold Cereal Applesauce	Fat Free Milk Dutch Waffles Peaches	Fat Free Milk Cold Cereal ½ Orange	THANKSGIVING DAY Fat Free Milk Yogurt Fruit Crunch Granola Pears	Fat Free Milk Cold Cereal ½ Apple
Lunch/Supper Unflavored Milk (<i>3/4 cup</i>) Meat and/or meat alternate (<i>1.5 oz.</i>) Bread and/or bread alternate (<i>1/2 ounce</i>) Fruit (<i>1/4 cup</i>) Vegetable (<i>1/4 cup</i>)	Fat Free Milk Salisbury Steak Mashed Potatoes WG Bread Pineapples	Fat Free Milk Hotdog W/Roll Tator Tots Pears	Fat Free Milk WG Cheese Pizza Green Beans Mandarin Oranges	Fat Free Milk Mac 'N Cheese WG Bread Cooked Carrots Applesauce	Fat Free Milk WG P.B. & Jelly Sandwich String Cheese Cucumber Slices Fruit Mix
Snack Unflavored Milk (<i>1/2 cup</i>) Fruit (<i>1/2 cup</i>) Vegetable (<i>1/2 cup</i>) Bread, cereal or bread alternate (<i>1/2 ounce</i>) or (<i>1/2 cup</i>) Meat and/or meat alternate (<i>.5 oz.</i>) (Any 2 of the 5 components)					

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CPI, Matternville,
Bigler, PO Campus,
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Clearfield Hyde, Grampian,
Dubois

Month Nov. – Dec. 2026

Center

Calendar Dates: 30 to 04

Breakfast

Unflavored Milk (*3/4 cup*)

Fruit and/or vegetable
(*1/2 cup*)

Bread, cereal or bread alternate
(*1/2 ounce*) or (*1/2 cup*)

Monday
30

Fat Free Milk
Cinnamon Frudel
Pears

Tuesday
01

Fat Free Milk
Cold Cereal
Peaches

Wednesday
02

Fat Free Milk
French Toast
½ Apple

Thursday
03

Fat Free Milk
Cold Cereal
Pineapples

Friday
04

Fat Free Milk
½ Bagel with
P.B. & Jelly
½ Banana

Lunch/Supper

Unflavored Milk (*3/4 cup*)

Meat and/or meat alternate
(*1.5 oz.*)

Bread and/or bread alternate
(*1/2 ounce*)

Fruit (*1/4 cup*)

Vegetable (*1/4 cup*)

Fat Free Milk
Hamburger
W/Roll
Baked Beans
Sliced Apples

Fat Free Milk
Chicken 'N Gravy
Waffles
Broccoli
Pineapples

Fat Free Milk
Beef 'N Cheese
Tostitos W/Salsa
Corn
Mandarin Oranges

Fat Free Milk
Ravioli
WG Bread
Green Beans
Applesauce

Fat Free Milk
Turkey & Cheese
Wrap
Baby Carrots
Fruit Mix

Snack

Unflavored Milk (*1/2 cup*)

Fruit (*1/2 cup*)

Vegetable (*1/2 cup*)

Bread, cereal or bread alternate
(*1/2 ounce*) or (*1/2 cup*)

Meat and/or meat alternate
(*.5 oz.*)

(Any 2 of the 5 components)

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Month: Dec. 2026

Calendar Dates: 07 to 11

	Monday 07	Tuesday 08	Wednesday 09	Thursday 10	Friday 11
Breakfast Unflavored Milk (<i>3/4 cup</i>) Fruit and/or vegetable (<i>1/2 cup</i>) Bread, cereal or bread alternate (<i>1/2 ounce</i>) or (<i>1/2 cup</i>)	Fat Free Milk Cold Cereal Peaches	Fat Free Milk Apple Frudel Applesauce	Fat Free Milk Cold Cereal ½ Orange	Fat Free Milk Yogurt Fruit Crunch Granola Peaches	Fat Free Milk Cold Cereal ½ Apple
Lunch/Supper Unflavored Milk (<i>3/4 cup</i>) Meat and/or meat alternate (<i>1.5 oz.</i>) Bread and/or bread alternate (<i>1/2 ounce</i>) Fruit (<i>1/4 cup</i>) Vegetable (<i>1/4 cup</i>)	Fat Free Milk WG Popcorn Chicken Corn Pineapples	Fat Free Milk Sloppy Joe W/Roll Broccoli Mandarin Oranges	Fat Free Milk Grilled Cheese Sandwich Tomato Soup Pears	Fat Free Milk Fish Nuggets Green Beans Pineapples	Fat Free Milk Ham 'N Cheese Sandwich Cucumber Slices Fruit Mix
Snack Unflavored Milk (<i>1/2 cup</i>) Fruit (<i>1/2 cup</i>) Vegetable (<i>1/2 cup</i>) Bread, cereal or bread alternate (<i>1/2 ounce</i>) or (<i>1/2 cup</i>) Meat and/or meat alternate (<i>.5 oz.</i>) (Any 2 of the 5 components)					

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