



**CenClear
Menu Form - NT - 15**

Mo Valley

Center

Month: APRIL 2026

Calendar Dates: to

Breakfast

Unflavored Milk (3/4 cup)
Fruit, Vegetable, or 100% fruit,
Juice, (1/2 cup)
Bread, cereal, or bread alternate
(1/2 slice) or (1/2 cup)
Additional Food (optional)

Lunch/Supper

Unflavored Milk (3/4 cup)
Meat and/or meat alternate
(1.5 oz.)
Bread and/or bread alternate
(1/2 slice) or (1/2 cup)
Fruit (1/4 cup)

Vegetable (1/4 cup)

Additional Food (optional)

Snack

Unflavored Milk (1/2 cup)
Fruit, vegetable or 100% fruit,
juice (1/2 cup)
Bread, cereal, or bread alternate
(1/2 slice) or (1/3 cup)
Meat and/or meat alternate
(.5 oz.)
(Any 2 of the 4 components)

Monday	Tuesday	Wednesday	Thursday	Friday
		1 WG French Toast Sticks Fruit Unflavored Milk Lactaid	2 WG Strawberry Cream Cheese Mini Bagels Fruit Unflavored Milk Lactaid	3 NO CLASS
		BBQ Rib on WG Steak Roll Green Beans Diced Peaches Unflavored Milk Lactaid	WG Bosco Sticks w/ Dipping Sauce Green Beans Mixed Fruit Unflavored Milk Lactaid	NO CLASS
				



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Month: **APRIL 2026**

Calendar Dates: **6** to **10**

Breakfast

Unflavored Milk (3/4 cup)
Fruit, vegetable or 100% fruit
Juice, (1/2 cup)
Bread, cereal, or bread alternate
(1/2 slice) or (1/3 cup)
Additional Food (optional)

Lunch/Supper

Unflavored (3/4 cup)
Meat and/or meat alternate
(1.5 oz.)
Bread and/or bread alternate
(1/2 slice) or (1/3 cup)
Fruit (1/4 cup)

Vegetable (1/4 cup)

Additional Food (optional)

Snack

Unflavored Milk (1/2 cup)
Fruit, vegetable or 100% fruit,
juice (1/2 cup)
Bread, cereal, or bread alternate
(1/2 slice) or (1/3 cup)
Meat and/or meat alternate
(.5 oz.)
(Any 2 of the 4 components)

Monday	Tuesday	Wednesday	Thursday	Friday
6 NO CLASS	7 Fill in:	8 WG Cinni Mini Fruit Unflavored Milk Lactaid	9 Tony's WG Sausage Breakfast Pizza Fruit Unflavored Milk Lactaid	10 WG Pancake Nuggets Fruit Unflavored Milk Lactaid
NO CLASS	Fill in:	WG Corn Dog Nuggets Tater Tots Applesauce Unflavored Milk Lactaid	WG Chicken Quesadilla Corn Diced Peaches Unflavored Milk Lactaid	Grilled Cheese on WG Bread Carrots Diced Pears Unflavored Milk Lactaid



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Month: APRIL 2026

Calendar Dates: 13 to 17

Breakfast

Unflavored Milk (3/4 cup)
Fruit, vegetable, or 100% fruit
Juice, (1/2 cup)
Bread, cereal, or bread alternate
(1/2 slice) or (1/3 cup)
Additional Food (optional)

Lunch/Supper

Unflavored Milk (3/4 cup)
Meat and/or meat alternate
(1.5 oz.)
Bread and/or bread alternate
(1/2 slice) or (1/3 cup)
Fruit (1/4 cup)

Vegetable (1/4 cup)

Additional Food (optional)

Snack

Unflavored Milk (1/2 cup)
Fruit, vegetable or 100% fruit,
juice (1/2 cup)
Bread, cereal, or bread alternate
(1/2 slice) or (1/3 cup)
Meat and/or meat alternate
(.5 oz.)
(Any 2 of the 4 components)

Monday	Tuesday	Wednesday	Thursday	Friday
13 WG Chocolate Filled Crescent Fruit Unflavored Milk Lactaid	14 Egg & Cheese on WG English Muffin Fruit Unflavored Milk Lactaid	15 WG French Toast Sticks Fruit Unflavored Milk Lactaid	16 Tony's WG Sausage Breakfast Pizza Fruit Unflavored Milk Lactaid	17 Cereal w/ WG Assorted Crackers Fruit Unflavored Milk Lactaid
Grilled Cheese on WG Bread Carrots Diced Pears Unflavored Milk Lactaid	Egg & Cheese WG Breakfast Stromboli Green Beans Pineapple Tidbits Unflavored Milk Lactaid	Popcorn Chicken Bowl w/ WG Bread Mashed Potatoes Diced Peaches Unflavored Milk Lactaid	Beef & Cheese Loaded Fries w/ WG Garlic Toast Corn Applesauce Unflavored Milk Lactaid	Meatball Hoagie on WG Roll Peas Mandarin Oranges Unflavored Milk Lactaid



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Center

Month: **APRIL 2026**

Calendar Dates: **20** to **24**

Breakfast

Unflavored Milk (3/4 cup)
Fruit, vegetable, or 100% fruit
Juice, (1/2 cup)
Bread, cereal, or bread alternate
(1/2 slice) or (1/3 cup)
Additional Food (optional)

Lunch/Supper

Unflavored Milk (3/4 cup)
Meat and/or meat alternate
(1.5 oz.)
Bread and/or bread alternate
(1/2 slice) or (1/3 cup)
Fruit (1/4 cup)
Vegetable (1/4 cup)
Additional Food (optional)

Snack

Unflavored Milk (1/2 cup)
Fruit, vegetable or 100% fruit.
juice (1/2 cup)
Bread, cereal, or bread alternate
(1/2 slice) or (1/3 cup)
Meat and/or meat alternate
(.5 oz.)
(Any 2 of the 4 components)

Monday	Tuesday	Wednesday	Thursday	Friday
20 WG Mini Chocolate Chip French Toast Fruit Unflavored Milk Lactaid	21 Breakfast Chicken Patty on WG Biscuit Fruit Unflavored Milk Lactaid	22 Cereal w/ WG Assorted Crackers Fruit Unflavored Milk Lactaid	23 Tony's WG Sausage Breakfast Pizza Fruit Unflavored Milk Lactaid	24 WG Dutch Waffle Fruit Unflavored Milk Lactaid
Salisbury Steak Butter Noodles Mashed Potatoes w/ Gravy Mixed Fruit Unflavored Milk Lactaid	Walking Taco w/ Beef, Cheese, Nacho Doritos & WG Bread Corn Diced Pears Unflavored Milk Lactaid	Mandarin Chicken W/ WG Rice WG Bread Broccoli Pineapple Tidbits Unflavored Milk Lactaid	Ham & Cheese on WG Pretzel Bun Peas Mandarin Oranges Unflavored Milk Lactaid	Cheesesteak on WG Bun Green Beans Cinnamon Applesauce Unflavored Milk Lactaid



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Mo Valley

Month: **APRIL 2026**

Center

Calendar Dates: **27** to **30**

Breakfast

Unflavored Milk (3/4 cup)
Fruit, vegetable, or 100% fruit
Juice, (1/2 cup)
Bread, cereal, or bread alternate
(1/2 slice) or (1/3 cup)
Additional Food (optional)

Lunch/Supper

Unflavored Milk (3/4 cup)
Meat and/or meat alternate
(1.5 oz.)
Bread and/or bread alternate
(1/2 slice) or (1/3 cup)
Fruit (1/4 cup)
Vegetable (1/4 cup)
Additional Food (optional)

Snack

Unflavored Milk (1/2 cup)
Fruit, vegetable or 100% fruit,
juice (1/2 cup)
Bread, cereal, or bread alternate
(1/2 slice) or (1/3 cup)
Meat and/or meat alternate
(.5 oz.)
(Any 2 of the 4 components)

Monday	Tuesday	Wednesday	Thursday	Friday
27 WG Apple Frudel Fruit Unflavored Milk Lactaid	28 Bacon, Egg & Cheese on WG English Muffin Fruit Unflavored Milk Lactaid	29 WG Confetti Pancakes Fruit Unflavored Milk Lactaid	30 Tony's WG Sausage Breakfast Pizza Fruit Unflavored Milk Lactaid	
Pizza Pasta Bake w/ WG Garlic Toast Carrots Cinnamon Apple Slices Unflavored Milk Lactaid	Beef Nachos w/ Cheddar Cheese & WG Bread Corn Diced Pears Unflavored Milk Lactaid	Buffalo Chicken Dipper w/ WG Garlic Toast Peas Mixed Fruit Unflavored Milk Lactaid	Hot Ham & Cheese WG Panini Vegetarian Beans Applesauce Unflavored Milk Lactaid	
				