

Parent Meeting Agenda
May 18, 2026
Teams

Sign-In

Community Meeting

1. *How are you feeling? (Emotion)*
2. *What is your goal for today? (Future)*
3. *Who will you ask for help? (Support)*

Meeting Rules:

- Respect others' opinions and suggestions.
- Listen with an open mind.
- Allow participants the opportunity to speak and finish their thoughts.
- Begin/end meetings on time.
- Be attentive at the meeting (limit cell phone use, avoid "side-bar conversations", stay focused).

Welcome

Program Management and Quality Improvement with Amy Wible, Senior Leader; **Screen Time** with Melanie Kuhn, Mental Health Consultant; **Round Table Discussion** with Directors

Melanie discussed screen time. She highlighted that we are living in a digital world and reviewed screen time recommendations for children ages 0-2-discourage any screen time and ages 2 and up-should have 1 hour or less per day. She discussed developing screen time rules such as avoid solo play; ensure they are on high quality programs; and consider what is appropriate. She provided screen time recommendations such as parent controls; interactive plan; and advertisements. It was discussed finding a balance. Too much screen time can lead to obesity, attention problems, delay in language and social development, inadequate sleep schedules, and behavior issues.

Amy discussed program management and quality improvement, and this is part of the federal design. We design programs based on needs of families. She discussed community needs assessment and that we use parent surveys for feedback-what are we doing well and where do we need to improve. We have a compliance monitor who ensures we are following regulations. We have a strategic plan, also called the quality improvement plan. We review this information and develop goals. For example, when we looked at child assessment goals, we saw that there was difficulty with reading. We incorporate literacy into our classrooms and one of our goals is to get more books into homes. Parent Engagement events are literacy focused with a variety of books given out.

Tabytha discussed that three preschool reading challenges were offered this year. We have seen a decrease in participation each month. Early Head Start and Family Centers completed 3 reading challenges this year. We have seen consistent participation. We will survey families to get feedback on the reading challenges. Did they participate, why or why not, any challenges, suggestions, etc. Policy Council sponsored 3 parent engagement events at Houtzdale, Hyde, and Matternville. We

had good attendance. May 21st is our volunteer recognition training dinner where we will recognize those who have volunteered throughout the year. Delgrosso Days are coming up June 17th and 18th. Free movies will be shown at Rustic Ridge farm-two in June, two in July, and one in August. The board will provide free transportation and a \$10 food voucher for those who RSVP. The board is sponsoring the showing of Toy Story 5 at the Rowland in Philipsburg on June 26th. Two adults and all children will get free admission, small popcorn, and small drink if they RSVP.

Adrienne discussed health and safety. In the fall we had Geisinger dental screens completed in classrooms. Emily the hygienist, works in all our classrooms, is great with children, provides a free oral screening, cleaning, fluoride treatment, and documents findings. We are working to set up a partnership with UPMC Dental. In April the Lions Mobile Clinic saw 26 children. Dr. Stevens and his medical students completed physical exams, completed dental, hearing, and vision screenings. Penn state Nutrition Links has a representative in each county who offers a workshop series on how to cook, how to shop healthy, how to shop on a budget, and reading labels. She gives away great gifts. This is offered in person or virtually. Adrienne reviewed a dental handout and the EPSDT immunization schedule.

Mason discussed Family Community Partnership. We are actively hiring a Family Service Worker for Centre County and encouraged those interested to apply. We held 3 Child Abuse Prevention Carnivals in Bigler, St. Marys, and CPI where 68 children, 33 community children, and 16-19 agencies participate. We are having a kids zone at the Riverfront Festival in Clearfield on June 12th. The event is 11-3. Free games, crafts, food, dance party, etc. July 8th-10th we will have a kids zone at Heritage Days in Philipsburg. Free games, crafts, food, performances, etc.

Tiffany discussed Early Intervention, Early Head Start, and Family Centers. A family can be enrolled in both Early Head Start and Family Centers. There are no income requirements for Family Centers. We have a Mental Health Consultant who supports families and staff. Our Maternal Health Specialist is a RN and does visits with pregnant mothers. This year we started a basic needs/diaper bank. We provide two socializations a month. All home visitors have company cars so they can provide transportation to socialization, necessary appointments, etc. The assessment data for Early Head Start is low. We continue to have conversations and are looking for feedback on the assessment.

Christal spoke about Education and Disability services. She discussed that our assessment percentages have been up 7% since the fall. We are reviewing data to see where children are and what goals they need to work on. We have had a lot of fun things happening this year. Many classrooms had PBIS celebrations such as bubble parties, glow parties, fort adventures, movie days, outside picnics, made slime, and had an Olympic experience. We have had three emotional support dogs visit classrooms. At the beginning of the year, we had 157 children with IEPs. At this point we have 260 children with IEPs. We had 7 children who were evaluated but did not qualify for services; 13 with Autism; 1 with a hearing delay, 147 developmental delays. We use DECA, a behavior concern tool. Christal spoke about IU funding changes and that we will no longer have IU spots. The IU will continue to support IU spots for children enrolled this year who will not be going to kindergarten in the fall. After next year IU spots will be managed by the IU. We have seen an increase in social/emotional needs in classrooms.

Center Reports-None

Board/Policy Council Updates-None

Committee Updates-None

Old Business-None

New Business-None

Adjournment

Next meeting: TBD next year