

March

Magic Ratio

5:1 PARENTING RULE

The "MAGIC RATIO" parenting rule states that for every 1 negative interaction with a child (or anyone in your life), there are 5 positive interactions. This rule can help promote **STRONG, HEALTHY** relationships.

Examples of negative responses yelling, criticizing, overly corrective, sarcasm

Examples of positive responses: providing praise, validating feelings, be affectionate, happy faces

Tips:

Gestures/Facial expressions can quickly alert a child to your feelings-be mindful of how you **LOOK** in addition to how you **RESPOND**.

Look for the **POSITIVE** in the Negative. Changing your perspective or "flipping the script", can lead to teachable moments.

Take notes on your ratio numbers. Make small goals for additional positive interactions to be added over a period of time.

Interested in Volunteering?

We are seeking parents/guardians to help with socialization prep/set up, reading to children, offering a second set of hands in the classroom, attend field trips, etc.

Connect with your Home Visitor, Teacher, or Family Service Worker to get a volunteer packet

Read Across America Week

From March 2 to March 8, 2025, communities across the United States will come together to celebrate Read Across America Week.

Read Across America Week is a vibrant celebration of reading that has grown far beyond its original purpose. What began as a single-day event to honor Dr. Seuss's birthday on March 2nd has blossomed into a week-long celebration dedicated to inspiring a love for reading.

Dr. Seuss Literacy Nights

Policy Council is sponsoring 7 Parent Engagmeent events this month. Watch Class Dojo for details