




CenClear  
Menu Form - NT - 15

Harmony

Month: MAY 2025

Center

Calendar Dates: 1 to

Monday	Tuesday	Wednesday	Thursday	Friday
				1 <b>WG French Toast Sticks</b> <b>Juice</b> <b>Lactaid</b> <b>Unflavored Milk</b>
				<b>WG Dippy Pizza</b> <b>Caesar Salad</b> <b>Banana</b> <b>Lactaid</b> <b>Unflavored Milk</b>
				

**Breakfast**

Unflavored Milk (3/4 cup)

Fruit, vegetable, or 100% fruit Juice, (1/2 cup)

Bread, cereal, or bread alternate (1/2 slice) or (1/2 cup)

Additional Food (optional)

**Lunch/Supper**

Unflavored Milk (3/4 cup)

Meat and/or meat alternate (1.5 oz.)

Bread and/or bread alternate (1/2 slice) or (1/3 cup)

Fruit (1/4 cup)

Vegetable (1/4 cup)

Additional Food (optional)

**Snack**

Unflavored Milk (1/2 cup)

Fruit, vegetable or 100% fruit, juice (1/2 cup)

Bread, cereal, or bread alternate (1/2 slice) or (1/3 cup)

Meat and/or meat alternate (.5 oz.)

(Any 2 of the 4 components)



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*Center*

**Month: MAY 2026**

**Calendar Dates:**  to

**Breakfast**


Fluid Milk (3/4 cup)  
Fruit, vegetable, or 100% fruit  
Juice, (1/2 cup)  
Bread, cereal, or bread alternate  
(1/2 slice) or (1/3 cup)  
Additional Food (optional)

**Lunch/Supper**

Fluid Milk (3/4 cup)  
Meat and/or meat alternate  
(1.5 oz.)  
Bread and/or bread alternate  
(1/2 slice) or (1/3 cup)  
Fruit (1/4 cup)  
Vegetable (1/4 cup)  
Additional Food (optional)

**Snack**

Fluid Milk (1/2 cup)  
Fruit, vegetable or 100% fruit  
juice (1/2 cup)  
Bread, cereal or bread alternate  
(1/2 slice) or (1/3 cup)  
Meat and/or meat alternate  
(.5 oz.)  
(Any 2 of the 4 components)

Monday	Tuesday	Wednesday	Thursday	Friday
<b>4</b> <b>WG Waffles w/ Syrup Juice Lactaid Unflavored Milk</b>	<b>5</b> <b>Yogurt w/ WG Toast Juice Lactaid Unflavored Milk</b>	<b>6</b> <b>Cereal w/ WG Toast Juice Lactaid Unflavored Milk</b>	<b>7</b> <b>WG Biscuit w/ Gravy Juice Lactaid Unflavored Milk</b>	<b>8</b> <b>Cereal w/ WG Toast Juice Lactaid Unflavored Milk</b>
<b>KFC Bowl Chicken, Mashed Potatoes, Gravy, Corn WG Dinner Roll Orange Quarters Lactaid Unflavored Milk</b>	<b>Philly Cheesesteak on WG Bun Onion Rings Peas &amp; Carrots Fruit Lactaid Unflavored Milk</b>	<b>Chili Mac &amp; Cheese Cornbread Southwest Corn Fruit Lactaid Unflavored Milk</b>	<b>Meatball Hoagie on WG Bun Oven Fries Green Beans Fruit Lactaid Unflavored Milk</b>	<b>WG Stromboli Veggies &amp; Dip Fruit Lactaid Unflavored Milk</b>
				



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Center

Month: **MAY 2025**

Calendar Dates: **11** to **15**

**Breakfast**


Fluid Milk (3/4 cup)  
Fruit, vegetable, or 100% fruit  
Juice, (1/2 cup)  
Bread, cereal, or bread alternate  
(1/2 slice) or (1/3 cup)  
Additional Food (optional)

**Lunch/Supper**

Fluid Milk (3/4 cup)  
Meat and/or meat alternate  
(1.5 oz.)  
Bread and/or bread alternate  
(1/2 slice) or (1/3 cup)  
Fruit (1/4 cup)  
Vegetable (1/4 cup)  
Additional Food (optional)

**Snack**

Fluid Milk (1/2 cup)  
Fruit, vegetable or 100% fruit  
juice (1/2 cup)  
Bread, cereal or bread alternate  
(1/2 slice) or (1/3 cup)  
Meat and/or meat alternate  
(.5 oz.)  
(Any 2 of the 4 components)

Monday	Tuesday	Wednesday	Thursday	Friday
<b>11</b> <b>Cereal w/ WG</b> <b>Toast</b> <b>Juice</b> <b>Lactaid</b> <b>Unflavored Milk</b>	<b>12</b> <b>Egg Patty w/ WG</b> <b>Toast</b> <b>Juice</b> <b>Lactaid</b> <b>Unflavored Milk</b>	<b>13</b> <b>WG Pancakes w/</b> <b>Syrup</b> <b>Juice</b> <b>Lactaid</b> <b>Unflavored Milk</b>	<b>14</b> <b>WG Breakfast</b> <b>Croissant</b> <b>Juice</b> <b>Lactaid</b> <b>Unflavored Milk</b>	<b>15</b> <b>WG Combo Bars</b> <b>Juice</b> <b>Lactaid</b> <b>Unflavored Milk</b>
<b>General Tso or</b> <b>Sweet &amp; Sour</b> <b>Chicken</b> <b>WG Rice</b> <b>Broccoli</b> <b>Fruit</b> <b>Lactaid</b> <b>Unflavored Milk</b>	<b>WG Croissant</b> <b>Sandwich</b> <b>Chips</b> <b>Veggie &amp; Dip</b> <b>Fruit</b> <b>Lactaid</b> <b>Unflavored Milk</b>	<b>Cook's Choice</b>      <b>Lactaid</b> <b>Unflavored Milk</b>	<b>Spaghetti &amp;</b> <b>Meatballs</b> <b>Tossed Salad</b> <b>WG Garlic Knot</b> <b>Applesauce Cup</b> <b>Lactaid</b> <b>Unflavored Milk</b>	<b>WG Pizza</b> <b>Salad</b> <b>Banana</b> <b>Lactaid</b> <b>Unflavored Milk</b>
				



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Month: **MAY 2025**

Calendar Dates: **18** to **22**

**Breakfast**



Fluid Milk (3/4 cup)  
Fruit, vegetable, or 100% fruit  
Juice, (1/2 cup)  
Bread, cereal, or bread alternate  
(1/2 slice) or (1/3 cup)  
Additional Food (optional)

**Lunch/Supper**

Fluid Milk (3/4 cup)  
Meat and/or meat alternate  
(1.5 oz.)  
Bread and/or bread alternate  
(1/2 slice) or (1/3 cup)  
Fruit (1/4 cup)  
Vegetable (1/4 cup)  
Additional Food (optional)

**Snack**

Fluid Milk (1/2 cup)  
Fruit, vegetable or 100% fruit,  
juice (1/2 cup)  
Bread, cereal, or bread alternate  
(1/2 slice) or (1/3 cup)  
Meat and/or meat alternate  
(.5 oz.)  
(Any 2 of the 4 components)

Monday	Tuesday	Wednesday	Thursday	Friday
<b>18</b> <b>WG Assorted Muffins</b> <b>Juice</b> <b>Lactaid</b> <b>Unflavored Milk</b>	<b>19</b> <b>Cereal w/ WG Toast</b> <b>Juice</b> <b>Lactaid</b>  <b>Unflavored Milk</b>	<b>20</b> <b>Cook's Choice</b>  <b>Juice</b> <b>Lactaid</b> <b>Unflavored Milk</b>	<b>21</b> <b>Cereal w/ WG Toast</b> <b>Juice</b> <b>Lactaid</b> <b>Unflavored Milk</b>	<b>22</b> <b>WG Funnel Cake</b> <b>Juice</b> <b>Lactaid</b> <b>Unflavored Milk</b>
<b>Hot Dog on WG Bun</b> <b>Cottage Potatoes</b> <b>Baked Beans</b> <b>Orange Quarters</b> <b>Lactaid</b> <b>Unflavored Milk</b>	<b>Chicken Nuggets w/ Sauce</b> <b>Oven Fries</b> <b>WG Roll</b> <b>Fruit</b> <b>Lactaid</b> <b>Unflavored Milk</b>	<b>Hamburger on WG Bun</b> <b>Tater Tots</b> <b>Green Beans</b> <b>Fruit</b> <b>Lactaid</b> <b>Unflavored Milk</b>	<b>Chicken Patty on WG Bun</b> <b>Chips</b> <b>Carrots</b> <b>Fruit</b> <b>Lactaid</b> <b>Unflavored Milk</b>	<p style="text-align: center;"><b>Enjoy Your Summer</b></p> 
				



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**Month: MAY 2025**

Center

Calendar Dates: **26** to **30**

**Breakfast**

Fluid Milk (3/4 cup)  
Fruit, vegetable, or 100% fruit  
Juice, (1/2 cup)  
Bread, cereal, or bread alternate  
(1/2 slice) or (1/3 cup)  
Additional Food (optional)

**Lunch/Supper**

Fluid Milk (3/4 cup)  
Meat and/or meat alternate  
(1.5 oz.)  
Bread and/or bread alternate  
(1/2 slice) or (1/3 cup)  
Fruit (1/4 cup)  
Vegetable (1/4 cup)  
Additional Food (optional)

**Snack**

Fluid Milk (1/2 cup)  
Fruit, vegetable or 100% fruit,  
juice (1/2 cup)  
Bread, cereal, or bread alternate  
(1/2 slice) or (1/3 cup)  
Meat and/or meat alternate  
(.5 oz.)  
(Any 2 of the 4 components)

Monday	Tuesday	Wednesday	Thursday	Friday
26	27	28	29	30
