

MENUS FOR MAY & JUNE

Gray's Woods &
Ferguson Township



Friday, May 1

Mini Waffles,
Apple Juice, Milk

Pan Pizza
Carrots & Celery (1/4 c)
Fresh Pineapple (1/4 c)
Milk

Monday, May 4

Cereal (1oz),
Raisins (1 pk), Milk

Chicken Nuggets (4) & Biscuit
OR Hummus & Flatbread
Peas (1/4 c)
Applesauce (1/4 c)
Milk

Tuesday, May 5

Banana Bread,
Oranges (1/2 c), Milk

Beef Taco (1 taco) OR
Southwest Veggie Quesadilla
Sweet Peppers (1/4 c)
Pineapple (1/4 c)
Milk

Wednesday, May 6

Yogurt (4 oz),
Banana (1/2 c), Milk

Mac & Cheese (1/2 c) + Fish Sticks (2)
OR Mac & Cheese (3/4 c) + Roll
Cucumber Slices (1/4 c)
Melon (1/4 c)
Milk

Thursday, May 7

Blueberry Muffin,
Peaches (1/2 c), Milk

Grilled Cheese Sandwich
Carrots & Tomatoes (1/4 c)
Strawberries (1/4 c)
Milk

Friday, May 8

Mini Pancakes,
Apple Juice, Milk

Big Daddy's Pizza
Carrots & Celery (1/4 c)
Peaches (1/4 c)
Milk

Monday, May 11

Cereal (1oz),
Dried Apples (1 pk), Milk

Popcorn Chicken (1/2 c) & Roll
OR Yogurt Parfait w/ Granola
Corn (1/4 c) Peaches (1/4 c)
Milk

Tuesday, May 12

Banana Bread (1oz),
Oranges (1/2 c), Milk

Chicken Tenders & Waffle
OR Cheese Sandwich
Hash Brown (1 ea) Pears (1/4 c)
Milk

Wednesday, May 13

Yogurt (4 oz),
Blueberries (1/2 c), Milk

Italian Dunkers (3 chz+1 brd)
Broccoli (1/4 c)
Melon (1/4 c)
Milk

Thursday, May 14

Blueberry Muffin,
Pears (1/2 c), Milk

Pasta & Sauce (1/2 c)
Chicken (1 ea) OR String Cheese (2 ea)
Cucumbers (1/4 c)
Apple Slices (1 pk) Milk

Friday, May 15

Mini Waffles,
Apple Juice, Milk

French Bread Pizza
French Fries (1/4 c)
Melon (1/4 c)
Fruit Roll Up Milk

Monday, May 18

Cereal (1oz),
Raisins (1 pk), Milk

Chicken Nuggets (4) & Biscuit
OR Stuffed Baked Potato
Green Beans (1/4 c)
Applesauce (1/4 c) Milk

Tuesday, May 19

Banana Bread (1oz),
Oranges (1/2 c), Milk

Hot Dog OR Grilled Cheese
French Fries (1/4 c)
Pears (1/4 c)
Milk

Wednesday, May 20

Yogurt (4 oz),
Banana (1/2 c), Milk

Pancake (1) & Cheesy Eggs
Hashbrown (1 ea)
Strawberries (1/4 c)
Milk

Thursday, May 21

Blueberry Muffin,
Pineapple (1/2 c), Milk

Lasagna & Breadstick
Broccoli (1/4 c)
Apple Slices (1 pk)
Milk

Friday, May 22

Mini Pancakes,
Apple Juice, Milk

Pan Pizza
Carrots & Celery (1/4 c)
Melon (1/4 c)
Milk

Monday, May 25

MEMORIAL DAY

No School Today

Tuesday, May 26

Cereal (1oz),
Dried Mixed Fruit (1 pk), Milk

Cheese Pierogies (6 ea) & Roll
Corn (1/4 c)
Peaches (1/4 c)
Milk

Wednesday, May 27

Banana Bread (1oz),
Oranges (1/2 c), Milk

Italian Dunkers (3 chz+1 brd)
Sweet Peppers (1/4 c)
Pineapple (1/4 c)
Milk

Thursday, May 28

Blueberry Muffin,
Mandarin Oranges (1/2 c), Milk

Pasta & Sauce (1/2 c)
Meatballs (3 ea) OR String Cheese (2 ea)
Broccoli (1/4 c) Pears (1/4 c)
Milk

Friday, May 29

Mini Waffles,
Apple Juice, Milk

Cook's Choice Pizza
Cucumbers (1/4 c)
Melon (1/4 c)
Milk

Monday, June 1

Cereal (1oz),
Raisins (1 pk), Milk

Warm Cheese Pretzel
Steamed Vegetable (1/4 c)
Applesauce (1/4 c)
Milk

Tuesday, June 2

Banana Bread (1oz),
Oranges (1/2 c), Milk

Hot Dog OR Grilled Cheese
Fresh Vegetables (1/4 c)
Cook's Choice Fruit (1/4 c)
Dessert Treat Milk

Wednesday, June 3

Cereal (1oz),
Peaches (1/2 c), Milk

Cheeseburger OR
Impossible Burger
Fries (1/4 c)
Cook's Choice Fruit (1/4 c)
Milk

Thursday, June 4

Mini Pancakes,
Apple Juice, Milk

Big Daddy's Pizza
Fresh Vegetables (1/4 c)
Cook's Choice Fruit (1/4 c)
Milk

Friday, June 5

Cereal (1oz),
Dried Fruit (1 pk), Milk

Cheese Quesadilla
Cook's Choice Vegetable (1/4 c)
Cook's Choice Fruit (1/4 c)
Milk