

Parent Meeting Agenda
February 23, 2026
Teams

Sign-In

Community Meeting

1. *How are you feeling? (Emotion)*
2. *What is your goal for today? (Future)*
3. *Who will you ask for help? (Support)*

Meeting Rules:

- Respect others' opinions and suggestions.
- Listen with an open mind.
- Allow participants the opportunity to speak and finish their thoughts.
- Begin/end meetings on time.
- Be attentive at the meeting (limit cell phone use, avoid "side-bar conversations", stay focused).

Welcome

Socializations and Early Intervention with Tiffany Steward, Senior Early Years Officer
Pregnant Women Services, with Marissa Senard, EHS Maternal Nurse Health Supervisor

Marissa discussed that we provide 90-minute visits weekly to mom and a child enrolled in Early Head Start or we can provide a 60-minute visit every other week when just a pregnant mother is enrolled. We assist pregnant mothers in finding resources such as car seats, necessary baby items, etc. We use Baby Talk and Healthy Baby as our curriculum. Marissa completes a maternal visit twice. Once upon enrollment and 2 weeks after baby is born. When completing the initial visit prenatal care, pregnancy, protecting baby, diet/nutrition, getting support, preparing for baby, labor/birth are discussed. We complete a PHQ-9 depression screening. The visit 2 weeks after baby is born, we discuss self-care, breastfeeding, formula/bottle feeding, burping/spitting up/hiccups, baby care, safety tips, and immunization schedule.

Tiffany discussed that we provide 2 socializations per month and a minimum of 24 a year. Transportation can be provided to these events, encouraged parents to connect with their home Visitor if they need transportation. A healthy snack or full meal can be provided during socializations, parents can plan with home visitors. The entire family is welcome to attend. A socialization is a great opportunity for children and adults to socialize with other children and adults.

Tiffany discussed that we provide Early Intervention services for birth to age 3 for children with disabilities or concerns. An evaluator comes to the home or can meet you in the community to complete necessary screens. There is no cost to the family for these services. Early Head Start uses CorAdvantage assessment results to make necessary referrals to EI. We have a Mental Health Consultant and Speech Therapist who work with families. EI services are re-evaluated every 3 months.

Dealing with Tantrums with Melanie Kuhn, Mental Health Consultant

Melanie discussed what tantrums look like. They can last 2-15 minutes. She provided tantrum stats:” 87% of children 18-24 months, 91% of 30-36 months, 59% of 42-48 months, and 20% of 2 year olds tantrum at least once per day. Tantrums can be screaming, kicking, holding breath, whining, crying, etc. Melanie discussed emotions parents and children feel during tantrums. She explained the why children may tantrum. She discussed management options such as labeling emotions, ignoring if you can and when to seek help. Reach out to your PCP if tantrums are lasting more than 15 minutes, violent in nature, or child is self-harming, and if the demeanor of the child has changed.

Center Reports

Board/Policy Council Updates-Tabytha informed the group that Dr. Mary Tatum is the Acting CEO. The policy council met to finalize details for the upcoming parent engagement event.

Committee Updates

Interview/Personnel
PBIS Leadership Team

Old Business

PBIS Updates

Volunteering

Enrollment-Tabytha discussed that we are seeking applications for this school year for all programs. We reached our 97% enrollment for Federal and are no longer on a Full Enrollment Initiative and recently reached our 90% enrollment requirement for PreK. We have not reached 100% fully enrolled yet. January 1st, we began accepting applications for the 26-27 school year. We will begin building class lists in March and acceptance letters will be sent in April. Tabytha discussed 3rd year returners and enrollment reaching out to obtain new applications to ensure children are still eligible for services. We continue to offer our parent incentive. Encouraged parents to refer others to our programs.

EHS updates

Review

New Business

Parent Engagement Event-Our Reading Rainbow Parent Engagement event is planned for March 7th from 12-2 at our Hyde preschool. We will be decorating cookies, making pizzas, planting sunflowers, canvas painting, books for bingo, dance corner, sensory station, and book nook. Encouraged parents to RSVP using the post on Class Dojo. We will provide free diapers and wipes to those who RSVP and attend.

March 2-6th is Read Across America week. We have several commissioners, representatives, mayors, and parents who signed up to read to classrooms. Encouraged parents to reach out if they were interested in reading to a classroom. Tabytha will work with them on obtaining necessary clearances/paperwork to become an approved volunteer.

We are offering a February reading challenge to Early Head Start and Family Centers currently. Our next reading challenge will be in March for Centre County classrooms. We obtained a grant through

the Centre Foundation to provide a bingo reading challenge for our Centre County preschool classes.

Adjournment

Next meeting: 3/17/26 at 5:00PM