



**CenClear
Menu Form - NT - 15**

Howard, Mt Top
Port Matilda
Wingate Elementary

Month: APRIL 2026

Center

Calendar Dates: to

Breakfast

Fluid Milk (3/4 cup)
Fruit, Vegetable, or 100% fruit,
Juice, (1/2 cup)
Bread, cereal, or bread alternate
(1/2 slice) or (1/2 cup)
Additional Food (optional)

Lunch/Supper

Fluid Milk (3/4 cup)
Meat and/or meat alternate
(1.5 oz.)
Bread and/or bread alternate
(1/2 slice) or (1/2 cup)
Fruit (1/4 cup)
Vegetable (1/4 cup)

Additional Food (optional)

Snack

Fluid Milk (1/2 cup)
Fruit, vegetable or 100% fruit,
juice (1/2 cup)
Bread, cereal, or bread alternate
(1/2 slice) or (1/3 cup)
Meat and/or meat alternate
(.5 oz.)
(Any 2 of the 4 components)

Monday	Tuesday	Wednesday	Thursday	Friday
		1 WG Cinni Mini Fruit Low Fat Milk	2 NO CLASS	3 NO CLASS
		Deli Meat & Cheese on WG Bread Baby Carrots Apple Low Fat Milk	NO CLASS	NO CLASS
				



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Breakfast

Fluid Milk (3/4 cup)
Fruit, vegetable or 100% fruit
Juice, (1/2 cup)
Bread, cereal, or bread alternate
(1/2 slice) or (1/3 cup)
Additional Food (optional)

Lunch/Supper

Fluid Milk (3/4 cup)
Meat and/or meat alternate
(1.5 oz.)
Bread and/or bread alternate
(1/2 slice) or (1/3 cup)
Fruit (1/4 cup)
Vegetable (1/4 cup)
Additional Food (optional)

Snack

Fluid Milk (1/2 cup)
Fruit, vegetable or 100% fruit,
juice (1/2 cup)
Bread, cereal, or bread alternate
(1/2 slice) or (1/3 cup)
Meat and/or meat alternate
(.5 oz.)
(Any 2 of the 4 components)

Monday	Tuesday	Wednesday	Thursday	Friday
6 Fill in:	7 WG Fruit Muffin & String Cheese Fruit Low Fat Milk	8 WG Oatmeal Benefit Bar Fruit Low Fat Milk	9 WG Breakfast Bread Fruit Low Fat Milk	10 WG Cinni Mini Fruit Low Fat Milk
Fill in:	WG Cheesy Pizza Crunchers Green Beans Fruit Juice Low Fat Milk	Tasty Boat of Tater Tots, Taco Beef & Cheese Corn Fruit Low Fat Milk	Popcorn Chicken w/ WG Dinner Roll Buttered Noodles Peas & carrots Fruit Low Fat Milk	WG Pepperoni Pizza Mixed Veggies Fruit Low Fat Milk



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Howard, Mt Top
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Month: APRIL 2026

Calendar Dates: 13 to 17

Breakfast

Fluid Milk (3/4 cup)
Fruit, vegetable, or 100% fruit
Juice, (1/2 cup)
Bread, cereal, or bread alternate
(1/2 slice) or (1/3 cup)
Additional Food (optional)

Lunch/Supper

Fluid Milk (3/4 cup)
Meat and/or meat alternate
(1.5 oz.)
Bread and/or bread alternate
(1/2 slice) or (1/3 cup)
Fruit (1/4 cup)

Vegetable (1/4 cup)

Additional Food (optional)

Snack

Fluid Milk (1/2 cup)
Fruit, vegetable or 100% fruit,
juice (1/2 cup)
Bread, cereal, or bread alternate
(1/2 slice) or (1/3 cup)
Meat and/or meat alternate
(.5 oz.)
(Any 2 of the 4 components)

Monday	Tuesday	Wednesday	Thursday	Friday
13 WG Fruit Muffin & String Cheese Fruit Low Fat Milk	14 Breakfast Pizza Fruit Low Fat Milk	15 WG Bagel & Cream Cheese Fruit Low Fat Milk	16 Yogurt w/ WG Cinnamon Grahams Fruit Low Fat Milk	17 WG Cinni Mini Fruit Low Fat Milk
Sweet Teriyaki Chicken & WG Rice Broccoli Fruit Low Fat Milk	Meatball Mini Sub on WG Roll Oven Fries Fruit Low Fat Milk	Hot Dog on WG Bun Baked Beans Fruit Low Fat Milk	Soft Chicken & Cheese Taco Corn Fruit Low Fat Milk	WG Stuffed Crust Pizza California Blend Veggies Fruit Low Fat Milk



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Howard, Mt Top
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Center

Month: APRIL 2026

Calendar Dates: 20 to 24

Breakfast

Fluid Milk (3/4 cup)
Fruit, vegetable, or 100% fruit
Juice, (1/2 cup)
Bread, cereal, or bread alternate
(1/2 slice) or (1/3 cup)
Additional Food (optional)

Lunch/Supper

Fluid Milk (3/4 cup)
Meat and/or meat alternate
(1.5 oz.)
Bread and/or bread alternate
(1/2 slice) or (1/3 cup)
Fruit (1/4 cup)
Vegetable (1/4 cup)
Additional Food (optional)

Snack

Fluid Milk (1/2 cup)
Fruit, vegetable or 100% fruit.
juice (1/2 cup)
Bread, cereal, or bread alternate
(1/2 slice) or (1/3 cup)
Meat and/or meat alternate
(.5 oz.)
(Any 2 of the 4 components)

Monday	Tuesday	Wednesday	Thursday	Friday
20 WG Fruit Muffin & String Cheese Fruit Low Fat Milk	21 WG Oatmeal Benefit Bar Fruit Low Fat Milk	22 WG Pancake Sausage on a Stick Fruit Low Fat Milk	23 WG Breakfast Bread Fruit Low Fat Milk	24 WG Cinni Mini Fruit Low Fat Milk
Home Style Chicken Sandwich on WG Roll Potato Smiles Fruit Low Fat Milk	Pasta & Meat Sauce w/ WG Breadstick Green Beans Fruit Low Fat Milk	Hot Ham & Cheese on WG Pretzel Roll Tater Tots Fruit Low Fat Milk	Cheeseburger on WG Bun Baked Beans Fruit Low Fat Milk	WG Cheese Pizza Broccoli Fruit Low Fat Milk



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Howard, Mt Top
Port Matilda
Wingate Elementary

Month: APRIL 2026

Center

Calendar Dates: 27 to 30

Breakfast

Fluid Milk (3/4 cup)
Fruit, vegetable, or 100% fruit
Juice, (1/2 cup)
Bread, cereal, or bread alternate
(1/2 slice) or (1/3 cup)
Additional Food (optional)

Lunch/Supper

Fluid Milk (3/4 cup)
Meat and/or meat alternate
(1.5 oz.)
Bread and/or bread alternate
(1/2 slice) or (1/3 cup)
Fruit (1/4 cup)
Vegetable (1/4 cup)
Additional Food (optional)

Snack

Fluid Milk (1/2 cup)
Fruit, vegetable or 100% fruit,
juice (1/2 cup)
Bread, cereal, or bread alternate
(1/2 slice) or (1/3 cup)
Meat and/or meat alternate
(.5 oz.)
(Any 2 of the 4 components)

Monday	Tuesday	Wednesday	Thursday	Friday
27 WG Fruit Muffin & String Cheese Fruit Low Fat Milk	28 WG Breakfast Pizza Fruit Low Fat Milk	29 Yogurt w/ WG Nutri Grain Bar Fruit Low Fat Milk	30 Sausage & Pancake on a Stick Fruit Low Fat Milk	
WG Pizza Crunchers Mixed Veggies Fruit Low Fat Milk	Chicken Tenders w/ WG Bun Mashed Potatoes & Gravy Baby Carrots Fruit Low Fat Milk	WG Chicken Ranch Wrap Has Browns Fruit Low Fat Milk	Cook's Choice Fill in: Low Fat Milk	
				