

**Parent Meeting Agenda**  
**April 17, 2025**  
**Virtual**

**Sign-In**

**Start: 6:01PM**

**End: 6:57 PM**

**Community Meeting**

1. *How are you feeling? (Emotion)*
2. *What is your goal for today? (Future)*
3. *Who will you ask for help? (Support)*

**Meeting Rules:**

- Respect others' opinions and suggestions.
- Listen with an open mind.
- Allow participants the opportunity to speak and finish their thoughts.
- Begin/end meetings on time.
- Be attentive at the meeting (limit cell phone use, avoid "side-bar conversations", stay focused).

**Welcome**

**Training**-Establishing Routines-Christal Hayward, Child Development Director; Nutrition Links-Tricia Rubio-Penn State Extension

Tricia introduced Nutrition Links. She is the contact for Clearfield and Jefferson County. Nutrition Links is part of the Penn State Extension, they are a land grant. They use science based research to provide education to individuals and communities. 4H and Master Garden programs are in similar cohort as Nutrition Links. Nutrition Links brings education, promote healthy eating, more movement/activity, and how to save money. Topics include meal planning, food preparation, my plate motto for a balanced meal, nutrition labels, unit pricing, etc.. Offer workshops to families.

Christal introduced Kristine Royer, PBIS Specialist. Christal discussed routines with very young children. She explained that we discuss routines and how they benefit within a classroom. Structure is part of our day as adults. Most people thrive on what is going to happen, what the plan is, and how they will fit into that. Christal encouraged parents to think about their routine and how they start the day.

Kristine discussed how important structure and routine is at home as it is in school. Keep routines consistent, this will help your child feel secure. Will reduce tantrums. Discussed using a picture schedule at home and how it can be beneficial in the classroom. Our classrooms see meltdowns during transitions.

**Center Reports**

**Committee Updates**

Interview/Personnel-we continue to schedule interviews. Encouraged parents to reach out if they were interested in being part of this committee. Discussed their role.

PBIS Leadership Team-encouraged parents to join this team, discussed the mission and that meetings are twice a month, one at 10:00AM and one at 3:00pm.

### **Old Business**

PBIS Updates

Volunteering-continue to look for parents/guardians to share special talents/skills, read to children, etc. Discussed that they would need clearances and what clearances would be needed.

Policy Council updates

Enrollment/Full Enrollment Initiative-our second change of scope was submitted; we have not yet received approval. We have requested to reduce the number of slots but keep the same amount of money to focus on transportation among other areas.

### **New Business**

Child Abuse Prevention Carnivals-one event was recently held at Philipsburg. The next events are scheduled for 4/26 11-1:30 at St. Mary's and CPI. This is a great opportunity for parents to get connected to resources in their community. It's free.

Dr. Seuss Literacy Nights-policy council sponsored 7 events where children received a variety of books

Bingo for Books-we received a Ronald McDonald Charities grant and had some money leftover. They approved for us to provide bingo for books events. Some sites are offering evening events and some are hosting this event during the day.

Volunteer Recognition Training Dinner-all parents, guardians, and community representatives will be invited to the annual training dinner. Discussed significant others and children can attend. We will provide babysitting, have a guest speaker and will have goodies to give away. Encouraged all to attend.

### **Adjournment**

**Next meeting:** 5/22/25 at 5:00PM